## The GOOD News

**Greater Orlando Organization Development Network** 



February-March 2016

## **Upcoming Programs**

# February 12th Bi-monthly Program Change!!

Our presenters originally scheduled for February 12 have cancelled. We are replacing that program a great program facilitated by Tim Flanagan!

# Enhancing Your Conflict Competence

Dealing effectively with conflict is difficult for any leader. Some try to avoid conflict and wish it would just go away, while others tend to get angry and lash out at others in ways they later regret. Poorly managed conflict creates enormous costs in the form of wasted management time, high turnover, and lawsuits. We will learn how to enhance our conflict competence by changing attitudes toward conflict, improving selfawareness, managing emotions, using constructive techniques to engage conflict, and championing organizational conflict competence.

Tim's highly interactive session includes these key topics & activities:

- Introduction, overview, and table top activities
- The Four Active Constructive Behavior with mini-activities for each
- Perspective-Taking Exercise (using Visual Explorer cards)

# **Special Interest Groups and Programs**

## February 5, 2016 - Internal Consulting Group

Design Within Reach: Using Design Thinking to inspire Culture of Innovation and Higher Employee Engagement

#### Click HERE to Register

Please join us for this FLORIDA HOSPITAL INNOVATION LAB inspiring interactive session with Dr. Karen Tilstra, Co-founder of the Florida Hospital Innovation Lab (aka FHIL).

Location: Rollins College

## <u>February 19, 2016 -</u> <u>Technology Interest Group</u>

### From 3D Modeling to Gamification and More

#### Click Here to Register

The next meeting of the Technology Group will be an on-site visit with start-up companies at the UCF Incubator who are using new technologies to train employees, modify behaviors, and improve quality of life.

- Last Gasp Gorge interactive activity with discussion and debriefs
- Closing, Q&A

### Speaker Bio: Tim Flanagan, M.A.

Tim Flanagan is the coowner of Custom
Leadership Solutions
with his wife Virginia.
In this role, he designs
and delivers programs
on leadership,
teamwork, conflict
management, problem-solving,
emotional intelligence,
communication, organizational
culture, and change.

Tim is the co-author of four books: Becoming a Conflict Competent Leader, Building Conflict Competent Teams, Developing Your Conflict Competence, and Leading Forward.

Tim is a Visiting Program Director and instructor with the U.S. Office of Personnel Management's Western Management Development Center in Denver, Colorado. He manages leadership development projects for the National Security Agency, designs and delivers custom programs for a variety of agencies, instructs in open enrollment courses, and provides executive coaching for agency leaders. Tim is also a visiting instructor for programs in Management and Executive Education at the Crummer Business School, Rollins College, Orlando, FL. In addition, he is a senior fellow at the Center for Conflict Dynamics.

### Agenda

8:30 - 9:00 -- Continental Breakfast; 9:00-- 12:30 Program

**Location:** Goodwill Industries of Central Florida, 7531 S. Orange Blossom Trail, Orlando, FL 32809

Location: UCF Technology Incubator at Central FL Research Park, 3259 Progress Dr., Orlando, FL 32826. South Entrance, Room 158

## March 11, 2016 Special Program!

### Stop FIGHTING Pressure and Learn to USE It

NOTE: REGISTRATION WILL OPEN on February 12.

This program is limited to 20 registrants. If registration is filled, please sign up for the waitlist in case of a cancellation.



Aimee Bernstein, executive coach, psychotherapist, and author of "Stress Less Achieve More",

offers a more effective and realistic approach: embrace the pressure. See it as an energy source. Tap into its flow to accomplish more while feeling calm and centered. In this experiential mind/body workshop, you'll learn an inner map that can be used at any time and within any activity to prevent stress and use pressure, the energy of change, to turbo-charge performance and wellbeing.

**Location:** UCF Business Incubator, 3218 E. Colonial Drive, Suite G, Orlando, FL (around the corner from HH Gregg)

## March 18, 2016 -- External Consulting Group

The External Consulting Group will meet on Friday, March 18, 2016 at Rollins College from 11:30 AM to 1:30 PM. Program details are being finalized and announcements will go

Bring your Goodwill donations to the meeting. A collection bin will be available for any items you want to donate.

out 30 days prior to the meeting. Registration for the program is available now.

## **Announcements**

## Mentoring Program -- Calling All Mentors & Protégés

The Good Network is committed to helping our members grow through our mentoring program. Members who have participated in our Mentoring Program have reached goals, strived for more, and are making a difference in the OD field. If you would like to give back while developing our members or you are a potential protégé who needs help with your career path and would like sage advice, we invite you to get involved in the GOOD Mentoring program.

Please email Barbara Seifert,Ph.D, the GOOD Mentoring Chair at: <a href="mailto:barbara@cyscoaching.com">barbara@cyscoaching.com</a>. Her <a href="mailto:Power of Mentoring Article">Power of Mentoring Article</a> gives you an idea of how Mentoring works!

## Setting Personal "GOOD GOALS" for 2016

What can you do to make the most of your GOOD Network membership? Is improving your network important to you? Are you needing to build relationships with like-minded individuals or are you hoping to meet someone who can introduce you to your next position? Is it time to investigate open leadership positions?

Is professional development most important to you? Whether you're attending the bi-monthly programs, a SIG or a social event, identify your expectation and determine what action you will need to take that will support your membership GOOD GOALS. Together we'll make 2016 great!

Rob Rogers, President

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