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President's Message - Power of Kindness

By now, I hope you have all moved into your 2021 groove, that your work and family life have moved past the New Year's Resolutions, and life is humming along. We are still facing unprecedented times with COVID-19, social divide, and job losses amongst other things. However, on another front, what this network makes me think about is the **power of kindness**.

We all come together in our bi-monthly meetings, in COP's, in networking gatherings, and have even created lasting friendships through the power of this network. During these exceptionally hard times, the members of this network have demonstrated that we practice what we teach: leadership, values, and **kindness** to each other. I have been on the receiving end of this kindness when I was laid off, and our tribe of practitioners reached out to assist me in finding my next adventure. I have also been the one on the assisting end, helping colleagues chart their new course in life, coaching them through the process, or just being a friendly shoulder to support them.

The **simple acts of kindness** have made me cherish this network so much. Would it surprise you to hear that our network has expanded past Central Florida? People have found us that live in other states and even other countries! That speaks volumes about each and every one of you. We all have our own stories, some seasons the stories are amazing, and some

not so amazing. It is so wonderful to know that we have an amazing tribe of GOOD people that we can reach out to for assistance and guidance, even it is just for a good laugh to continue our journey. Kindness is the gift we can each give each other and our community, at no cost to us or anyone else. The repayment plan for this gift is very generous, we earn a great deal of joy and happiness in return. Thank you for being the amazing network that you are, for providing the **power**

of kindness, sharing this power with each other and our community regardless of our social, political, or personal views. I will always be here to offer you the same because the Power of Kindness will continue to make our network amazing and will build better communities around us. Krystena Sterling

Call for GOOD Content

Member's Minute

One of the beauties of the GOOD Network is the quality of knowledge,

experiences and exchanges within our membership. As such, the Communication Team is currently developing a publication calendar with member-sourced content within OD and related fields for publication in the near future. We would love to feature social media posts, blogs or articles by our members

provoking reflections. Interested? Please email:

commteam@goodnetwork.us for more information. Please download the **GOOD Blog/Article Submission Guidelines** for more information on how to submit your content and the different ways it might be used -- including in future versions of this Newsletter.

that discuss current and emerging trends, innovative strategies and thought-

Best Practices

We are excited about the July 9th Best Practice Meeting. Now is the time to start thinking of session topics you would like to present or would like to see presented. A call for proposals will go out in May. If you already have ideas, send comments to <u>bimonthlyprogram@goodnetwork.us</u>.

New and Returning Members

ORIENTATION Welcome to GOOD! To learn more

NEW MEMBER AND GUEST

about our great benefits, we invite new members and guests to join us on Tuesday, March 9, 2021 at 6:30-7:30 PM for a virtual New Member and Guest Orientation. Please reach out with your questions to:

membership@goodnetwork.us **REGISTER for the March 9th New Member Orientation**



Catherine Fyock Glenn Green Aminata N'Doye Christian Perez Carla Rosenberg Megan Schwartz Marilyn Stannett Nathaniel Swann Rosalie Webster

In this issue, we would like to shine our spotlight on Wesley Cherisien. Learn more about Wes below and make sure to connect when you see

MEMBER SPOTLIGHT

him in a future meeting. **Current role/expertise:** Consultant for Orlando Health managing leadership curriculum related to

delegation, accountability, effective dialogue,

productivity, conflict resolution, and new leader boarding. 3 words to describe him: Ambitious

 Conscientious Compassionate What brought him to GOOD: I started my

journey with Orlando Health in 2019. The team I joined was already actively involved in the GOOD network. I am thankful that I became a part of a team that valued this network and encouraged me

wonderful connections.

to join; the experience and connections have been invaluable. His favorite thing about GOOD: The GOOD network provides a great opportunity to connect with talented professionals who are experts in learning and share industry-leading practices. I have gained a great wealth of knowledge from the monthly sessions. Also, the opportunity to meet-

and-greet with other members has created

and learned how to play the guitar during my college years. Thank you, YouTube (for the free

educational videos) and John Mayer for creating the classic hits that made me want to play like him (still not even close, but I'll keep working on it).

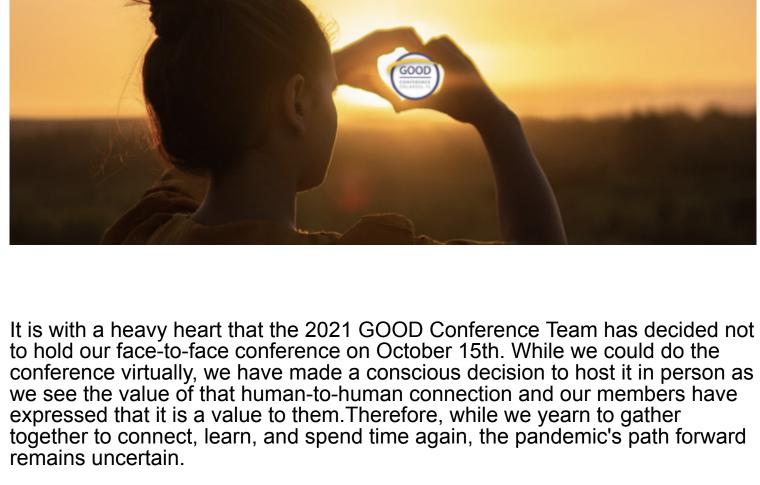
A fun fact about Wes: I am a self-taught musician



Member since 2019

GOOD 2021 Conference Postponed

Upcoming Meetings



We will continue to monitor the pandemic to determine the safest time to bring the GOOD community of members, speakers, volunteers, and partners together again. **GOOD Cares!**

Friday, March 12, 2021 "Green Line Conversations" with Dr. Stephanie Lopez

and productive conversations with this method. She has shared this content extensively while working with NASA executives over the past 2-3 years and has been wildly successful. GOOD

members will be able to leverage this tool to be

Dr. Stephanie Lopez will share a proven crucial conversation method. She's taught hundreds of

men and women how to have more direct, honest,

9:00 AM to 12:15 PM ET on Zoom Details

and Registration

MARCH BI-MONTHLY MEETINGS

Register for Friday, March 19th Bimonthly

more effective in their own organizations.



consultant and executive coach with Gallaher Edge, LLC.

Project Management CoP, Thursday, March 18, 2021, 5:00 PM; "Air Table for Project" Management Demonstration", Details and

COMMUNITIES OF PRACTICE

MEETINGS

Registration Coaching CoP, Friday, March 19, 2021, "Leading in a VACA World"; 11:30 AM, Details and Registration

Technology CoP, Friday, March 26, 2021, 10:15 AM, Details and Registration Internal Consulting CoP, Thursday, April 1,

Book Club, Wednesday, April 21, 2021, "Unconscious Bias and Belonging - Podcast'; 6:00 PM, Details and Registration

2021, 8:30 AM Details and Registration







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